



It's time to change your password.

Passwords are the first line of defense in protecting your personal and financial information. If you haven't updated yours in a while, now is the perfect time. Here's why and how you should refresh your passwords to stay secure.

Why Change Your Passwords?

- ◆ **Prevent Hacks:** Weak or outdated passwords make it easier for cybercriminals to access your accounts.
- ◆ **Data Breaches Happen:** Companies experience security breaches all the time. If your credentials were exposed, you could be at risk.
- ◆ **Reusing Passwords is Risky:** If you use the same password across multiple sites, one leak can compromise multiple accounts.
- ◆ **Better Safe Than Sorry:** Even if nothing seems wrong, regularly updating passwords is a smart habit to keep your data safe.

How to Create a Strong Password

- ✓ Use a mix of uppercase and lowercase letters, numbers, and symbols.
- ✓ Make it at least 12–16 characters long.
- ✓ Avoid using personal information (birthdays, names, or common words).
- ✓ Use a passphrase instead of a simple word (e.g., "Sunset!Lake2024*Rocks").
- ✓ Consider a password manager to generate and store secure passwords.

Extra Security Measures

- ◆ **Enable Two-Factor Authentication (2FA):** Adds an extra layer of protection.
- ◆ **Watch for Phishing Attempts:** Never share your passwords via email or text.
- ◆ **Check Your Accounts Regularly:** Monitor for suspicious activity.

Take a few minutes today to update your passwords—it's a small step that can make a big difference in keeping your information secure! 🔒

Remember, UBI Federal Credit Union is local and here for you! Please let us know how we can help with your banking and financial needs! 860-747-4152 or find us at www.UBIFCU.com

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